COMPONENTS OF THE SPECIAL TRACK ON
THE FIVE MAJOR MODELS OF MUSIC THERAPY

ORIGIN AND DEVELOPMENT: (One 2-hour panel). Founders of the model (or an appropriate representative) tell the story of how the model developed and grew, and what he/she believes are its defining features, and particularly as compared to related models (within or outside of music therapy).

INTRODUCTION: (Five 2-hour lectures). An experienced practitioner of the model presents basic methodological principles, clinical applications, and underlying theoretical premises. A typical session is described.

EXPERIENTIAL WORKSHOPS: (Five 90-minute workshops with limited enrollments). An experienced practitioner works with members of the audience role-playing as clients, and demonstrates how the model is used clinically. The purpose is to use audience participation to provide an experiential understanding of the model; thus, videotapes and audiorecordings of work with clients is not appropriate, and should not be included.

CASE STUDIES: (Five 45-minute lectures). An experienced practitioner presents a case study that illustrates how the model is used, and how the course of therapy unfolds for the client. Videotapes and recordings of sessions are recommended where appropriate.

RESEARCH: (Two 2-hour panels): Experienced researchers from each model either: review research on the model, discuss methodological issues, or present their own research study.
   One 2-hour panel consisting of 1-2 quantitative researchers in each model
   One 2-hour panel consisting of 1-2 qualitative researchers in each model

TRAINING: (One 2-hour Panel): An experienced trainer in each model presents the basic paradigm for how practitioners in the model are prepared and credentialled.

ROUNDTABLE DISCUSSIONS: (Two 2-hour panels). A panel consisting of one representative from each model leads an audience discussion on two topics:
   One 2-hour discussion comparing models with regard to clinical theory.
   One 2-hour discussion comparing models on the role of music.

CLINICAL APPLICATIONS: (Four 2-hour panels). A panel consisting of 1-2 representatives from each model discuss goals and methods of the model in working with: 1) nonverbal clients (of any age); 2) verbal children and/or adolescents; 3) adult populations; and 4) medical patients.
Greetings and salutations. Thank you for agreeing to serve on this subcommittee for the 9th World Congress sponsored by the American Music Therapy Association and the World Federation of Music Therapy. Details of the Congress are enclosed.

Our sub-committee will take responsibility for planning an exciting special track of the Congress on Five Major Models of Music Therapy, with each of us taking responsibility for a particular model. Specifically:

- Benedikte Scheiby: Analytical Music Therapy
- Gudrun Aldridge: Nordoff-Robbins Music Therapy
- Gabriella Siccardi: Benenson’s Model
- Mary Boyle: Behavioral Model
- Ken Bruscia: Guided Imagery and Music

Enclosed is an outline of presentations for the entire track. The purpose of the track is to provide a comprehensive overview of practice, theory, research and training in each model, while also offering comparisons wherever relevant. To accomplish this, our sub-committee is charged with selecting qualified proponents of each model who will make the presentations as we have outlined.

The time has come for each of us to begin our work. Specifically, I am asking that you do the following:

1) Contact the founder of the model, and explain this special track. Invite him/her to participate in the opening panel. Unfortunately, the conference budget has not been finalized, and we therefore do not know the amount of financial support we can provide to the founders at this time. I will let you know as soon as these kinds of budgetary decisions have been made.

2) Select one presenter for each presentation, using the following guidelines:
   - The person should be well-qualified. Every presenter should have completed the required training in the model and be considered an expert and specialist in it; also, the person should be experienced and effective as a presenter. Please consult with the founder of your model for input into your selections.
   - To the extent possible, we would like to have international representation in each model. Of course, this depends upon how many practitioners there are in various parts of the world, and whether they plan to attend the conference. We cannot offer expenses or honoraria to any of these presenters.
   - Altogether you will need to select:
1 presenter to give an Introductory Lecture
1 presenter to lead an Experiential Workshop
1 presenter to present a Case Study
1 or 2 Quantitative Researchers for panel
1 or 2 Qualitative Researchers for panel
1 Trainer for panel
1 panel member to discuss clinical theory
1 panel member to discuss the role of music
1-2 panel members to discuss work with nonverbal clients
1-2 panel members to discuss work with children/adolescents
1-2 panel members to discuss work with adults
1-2 panel members to discuss medical applications

3) Have the presenter complete the attached presentation forms, and then review
them carefully. It is your responsibility to make sure that each presenter
understands the purpose, focus, and limits of his/her presentation, as evidenced
in his/her written description of it. Send one copy of each presentation form to
me **before October 1st 1998.**

4) Later, I will be asking you to review selected presentation proposals from other
models in the track, as well as proposals that the main Scientific Committee
receives dealing with your model.

Please let me know if you have any questions, and of course, if you have any
recommendations or suggestions, please do not hesitate to send them to me. My
fax number is 610-935-3850. Please send all correspondence to me at 1121 North
Rapps Dam Road, Phoenixville PA 19460.

Thank you!

With best greetings,

Ken Bruscia